## 2019 Whitewater Challenge – Scout Itinerary



Looking for a great fun filled week of whitewater river trips, kayaking and canoeing?

You'll leave Woodruff Sunday evening, during the campfire. The next 5 days will be spent at the WWE Outpost Camp near the Nantahala River near Andrews, North Carolina. Housing will be in rustic cabins.

#### **Tentative schedule**

#### **Sunday Evening**

• Leave Woodruff, travel to Nantahala Base Camp

### Monday – Finger Lake

- Finger Lake
  - o Canoe & Kayak Instruction
  - o Roll Practice
  - o Paddling Technique
- Whitewater Movies at night

#### Tuesday - Nantahala River

- Morning trip on the Nantahala with guide training
- Afternoon trip on Nantahala Scouts Guiding

### Wednesday - Tuskaseegee River

- Tuskaseegee River
  - o Section II Inflatable canioes
  - o Section V Devils Dip
- Kayaking Gear Class

#### Thursday - Nantahala River

- Raft Guide Training
- Nantahala Falls

#### Friday – Ocoee River

- · Whitewater Rafting on the Middle Ocoee
- Travel back to Woodruff after lunch

# **Whitewater Challenge**

## **Equipment List**

The Whitewater Challenge is for older Scouts / Venturers who want additional outdoor challenges on the river, both physically and mentally. Participants will leave Woodruff Sunday evening and return Friday afternoon, staying at an outpost camp. You will be housed in cabins at an offsite outpost camp with restroom/shower facilities nearby.

Activities to include: swimming, rafting, kayaking, and canoeing – so bring clothing appropriate for these activities.

In addition to items you would normally bring for a week long camp the following are recommended:

Sleeping bag
Camp shoes
Water shoes or sandals with heel strap ( rafting )
Non-cotton / synthetic shirt for the river
Long pants
Swimwear
sunscreen
Personal toiletries
Good rain jacket
Good water bottle
Flashlight
Personal 1st aid Kit

#### Do NOT bring:

Large knives, hatchets, or axes Radios or other electronics

